



Tibetan Healing Center

TIBETAN HEALTH ACADEMY, a California Nonprofit Public Benefit Corporation

COSTA MESA DIRECTIONS

- From North: Take the Freeway 5 South to Highway 55 South. *(See below)*
- From North: Take Freeway 405 South until you come to Highway 73 (toll Rd). Take 73 to the Highway 55 South (no toll). *(See below)*
- From South: Take Freeway 5 North until Highway 55 South. *(See below)*
- From South: Take Freeway 405 North to Highway 55 South. *(See below)*

Take 55 South and go until you come to Del Mar/Fair off ramp. Once off freeway go straight to Santa Isabel Ave and go Left on Santa Isabel Ave and cross over the freeway until you come to Newport Blvd. (Newport is the first street once you cross the freeway).

Turn left on Newport Blvd and go west until you come to 2488 Newport Blvd., Suite 1 A (Gingers Garden Wellness Center), Costa Mesa Ca 92627-5196. The location is in the small shopping center and the building is in the rear with the handicap parking in front. Park anywhere. The name of the center is *Sea Coast Healing Arts Center*.

Corporate Office

4115 3rd Avenue • San Diego, CA 92103 • 619-325-0992 • Fax: 619-692-1788
e-mail: Sondrab@tibetanacademy.org • www.tibetanacademy.org
Mill Valley, CA • San Diego, CA • Costa Mesa, CA



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Call 619 804-0740 **if you need directions** the day of your appointment

The San Diego office is closed on Sundays

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